



Phone: 410-288-9300

Bed Bug Treatment Preparation Instructions

You will need to be out of your home during treatment and you will have to remain out of the treated areas for (4) hours after the treatment (or (6) hours if you have asthma or other health condition). Dogs and cats can be locked in a bathroom or other room that will not be treated, but birds must be removed from the home during treatment and for the 4 hour period after treatment. Fish tanks and aerators must be turned off and covered during treatment and remain covered for the 4 hour period after treatment is completed.

What you need to do to prepare for treatment:

- ✓ Strip bed and wash all sheets and any clothes exposed to bedbugs in HOT water.
- ✓ You can also place the above items in a high heat dryer cycle for at least 30 minutes or more to kill any bedbugs they may contain.
- ✓ *Check the manufacture labels to make sure the item or fabric can tolerate the high temperature*.
- ✓ Pull all items away from base boards in any rooms that will require treatment.
- ✓ Empty closets, furniture, etc. Inspect the items. Place inside plastic bag and remove from room
- ✓ Thoroughly vacuum floors and carpets.
- ✓ Vacuum bed, couches and upholstered chairs.
- ✓ Take the mattress and box spring off frame of bed and set aside in bedroom.
- ✓ Remove everything from under bed . (i.e., boxes, toys, shoes, purses and other items).
- ✓ Open sleeper sofa if applicable. Remove hanging picture's from wall and place in room.
- ✓ Please remove electrical socket and light switch wall plates, these areas should be dusted.
- ✓ Birds must be removed from premises and remain out for 4 hours after treatment

What our technician will do:

- ✓ Thoroughly inspect suspect room(s) for bed bugs.
- ✓ An insecticide will be applied to cracks and crevices, behind baseboards, and into other known or suspected harborage areas.
- ✓ Furniture, especially mattresses, box springs and bed frames, will be lightly sprayed with an approved insecticide.

What you can do to prevent the spread of bed bugs:

- ✓ Inspect ALL used furniture and bedding before bringing it into your home.
- ✓ If you travel, check the bedding and room before you sleep there.
- ✓ If you have an infestation, moving to a new bed does not solve the problem.

What you can do to help eliminate bed bugs in your home:

- ✓ Wash sheets and blankets at least once per week.
- ✓ Put items in a high heat dryer cycle for at least 30 minutes or more to kill bedbugs. *Check the manufacture labels to make sure the item or fabric can tolerate the high temperature*
- ✓ Remove clutter-pick up clothes, boxes, toys, purses and other items where bed bugs can hide.
- ✓ Put your mattress and box spring in a zippered Bed Bug proof encasement.

Purchase Protect-A-Bed Bed Bug Proof Encasements from our on-line store at [AllPest Express](#)